



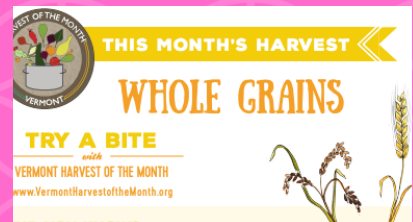
Woodstock Union HS&MS

April 2024



@vtschoolmeals

Choices of fruit & skim or 1% milk included with every meal.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Orange Chicken Over Rice Spring Roll Fortune Cookie	2 Local Beef (VT) Chili or Vegetarian Chili Homemade Cornbread Toppings	3 Chicken & Alfredo Noodles Steamed Broccoli Whole Grain Dinner Roll	4 Vermont Shepherd's Pie <i>Cloudland Farm</i> Ground Beef (VT) Mashed Potatoes Corn Whole Grain Muffin	5 Pizza Choices Side Salad
8 No School April Break Full Solar Eclipse	9 No School April Break	10 No School April Break *VeggieVanGo* Free Produce VT Foodbank Distribution @ 10am WUHSMS	11 No School April Break	12 No School April Break
15 Chicken Patty Sandwich Sweet Potato Fries	16 Melted Cheese & Ham Croissant Homemade Soup	17 Mac & Cheese (VT) Whole Grain Dinner Roll Butternut Squash	18 Baked Potato <i>Cloudland Farm</i> (VT) Ground Beef Steamed Broccoli Cheddar Cheese (VT) Sour Cream, Salsa WG Banana Cake	19 Pizza Choices Side Salad
22 Earth Day Picnic Lunch Uncured Hot Dog Baked Beans Chips  Happy Earth Day!	23 Chicken & Waffles Maple Syrup (VT) Hashbrowns	24 Cheese or Meat Lasagna Garlic Knot Garden Peas	25 Chicken Vegetable Lo Mein Spring Rolls Fortune Cookie	26 Pizza Choices Side Salad
29 Fish Sticks & Chips (Oven Fries) Fruit Salad	30 Cheese Tortellini with Marinara Sauce Whole Grain Texas Toast Vegetable Side			

Menu Subject to change based on supply.

This institution is an equal opportunity provider.

Student Meals are **FREE!**
*Please still fill out the
the 2023-2024
VT School Meal Application even
though meals are free

Grab & Go Breakfast
available
every morning in the
North Cafeteria

Other Lunch Meal
Options Offered
Grab & Go Sandwiches or
Fresh Speciality Salads

**ADULT MEAL
PRICES**
\$4.00 Breakfast
\$6.00 Lunch